

confetti bean soup

Set aside bouillon cube and bay leaf.

Quick soak: Rinse and sort beans in a large pot. Add 6-8 cups of hot water. Bring to a rapid boil, and boil for 2 minutes. Remove from heat. Cover and let stand for 1 hour. Drain soak water and rinse beans.

Overnight soak: Rinse sort beans in a large pot. Add 6-8 cups cold water. Let stand overnight, or at least 6 to 8 hours. Drain soak water and rinse beans.

To cook: Place beans in a large pot. Add 6 cups water, 1 can (14 oz.) chopped tomatoes in juice, bay leaf and bouillon cube.

Simmer gently until beans are tender, about 2 hours.

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